

SmileUp!
Charitable Foundation
presents

YOUTH SAFETY & SELF DEFENSE

Staying Safe While Traveling

KIDS AND TEENS, come learn how to stay safe while traveling! This hands-on self-defense class is led by two senior instructors from **Self Defense Atlanta**, rated #1 in Metro Atlanta. The class is interactive and you will be taught practical self-defense techniques and life skills; you will learn to recognize danger, how to take steps towards safety and how to defend yourself, if necessary. Space is limited so register today! Parents attend for free with registered participant.



MAY 25, 2019
3 sessions

Self Defense Atlanta is the leading group of self-defense and personal safety experts providing extraordinary training and services in the Metro Atlanta area.

Self Defense Atlanta's premier self-defense seminar is delivered with over 30 years of experience. The seminar is interactive and will teach practical self-defense techniques and life skills to the young participants. They combine a unique mix of knowledge building, scenarios, role play, and physical drills to ensure that the participants learn in a fun and engaging way.

They leverage decades of domestic and international experience to create a unique approach to teaching practical self-defense skills.

CONTACT US!

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www.facebook.com/smileupfoundation

* This is not a Cherokee County School District sponsored event/activity.

TO REGISTER
or for more information,
click here!

<https://conta.cc/2TN5ouh>