

THERAPEUTIC RECREATION

A therapeutic recreation assessment must be completed prior to registration for the following programs. The purpose of the assessment is to determine skills and abilities of individuals prior to participation.

ABC Easel - Always Be Creative

ABC Easel offers a unique, art curriculum.

March 7- **\$120** **Thursdays**
 May 16 **Ages: 6 and up** **4:15pm-5pm**

Water Warriors

Join us at the CCAC for an aquatic workout!

Monthly - **\$40** **1pm-1:45pm**
 Tuesdays **Ages: 16 and up**

Cooking for Independence

March 7- **\$95** **Thursday**
 March 28 **Ages: 11 and up** **5pm-6:30pm**

Lego Club

Play-Well TEKnologies will lead the participants through STEM based activities using LEGO. Parents/Caregivers may be required to stay.

March 9 **\$60** **Saturdays**
 April 13 **10am-11am**
 May 11 **Ages: 6-12**

Recreation Center

The intent of Therapeutic Recreation is to enrich the lives of individuals with disabilities, whether physical or intellectual.

At Cherokee Recreation and Parks our Therapeutic Recreation Programs are designed to increase independence and improve quality of life through recreation and leisure for anyone with special needs. We also encourage you and your family to participate not only in our Therapeutic Recreation programming but in everything Cherokee Recreation and Parks has to offer as our programs are designed for all ages and abilities.

Leisure Spectrum

Leisure Spectrum is a six-week program involving weekly field trips into the community to promote independence and social skills. Please only register for either Tuesdays or Wednesdays and not both as space is limited

Tuesdays OR **March 2-April 17**
Wednesdays

Ages: 13 and up **\$130** **5:30-8:00pm**

Summer Saddle Up

Join us at Heaven's Gait for a week of horse related activities including grooming, riding, and crafts.

Ages: 18 and up **\$375** **July 15-July 19**
9am-12pm

Archery

Come try out Archery! No experience necessary! All equipment provided.

May 7-May 21 **5:30pm-6:30pm** **\$30**

Ages: 13 and up **Recreation Center**

Adaptive Gymnastics

Monthly **\$34** **Thursdays**
Ages: 3-5 **2:45pm-3:15pm**

for additional information

Please contact Jen Fischer at 770-924-7768 or jlfischer@cherokeega.com